



U.S. TAE KWON DO ACADEMY

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PROMOTIONAL EXAM REQUIREMENTS

Questions for Purple Belt Test

(All answers must be completed with Sir!)

1. **Q: Can you explain what makes power?**

A: Power is made by weight and speed together with relaxation, concentration, and confidence, Sir!

2. **Q: Where are the three attack points when you punch or kick?**

A: The three attack points for punching and kicking are:

High Section: In Joong

Middle Section: Solar Plexis

Low Section: Dan Jung or Nang Sin, Sir!

3. **Q: Why are there different colored belts?**

A: The increase in knowledge and ability is symbolized by the darkness of the colors in the belts as one advances, Sir!